



Black History Month
Opening Ceremony
 Feb. 1,
 12:30 p.m.
 Main Post Exchange

Wounded warriors receive recognition for their valor

By Maria Gallegos
 BAMC Public Affairs

Two separate ceremonies were held recently to present the Purple Heart Medal to Soldiers recovering at Brooke Army Medical Center from injuries received during combat.

Five wounded warriors were honored for their bravery and selfless sacrifices during the Purple Heart ceremony Jan. 11 at



Brooke Army Medical Center. Maj. Gen. John Campbell, commanding general of the 101st Airborne Division hosted and presented the Purple Heart medals and certificates to the wounded warriors.

He welcomed the Purple Heart recipients with words of praise for their courage, dedication and sacrifices they made.

Capt. Douglas McGinnis was assigned to 2nd Battalion, 327th Infantry Regiment, serving as an infantry officer in Afghanistan when he was struck by a rocket-propelled grenade and small arms fire while dropping a sling load and unloading his element Oct. 12, 2010, resulting in his combat injuries.

McGinnis also received an Army Commendation

See PURPLE HEARTS P7



Spc. Thomas Martin poses with Gen. Ann Dunwoody and his wife Jessica after receiving his Purple Heart medal and certificate at the Warrior and Family Support Center courtyard Jan. 13.

Photo by
 Maria Gallegos



Courtesy photo

Col. Gregory C. Baine, commander of Regional Support Command-South, a brigade-level joint and combined command in combat in Afghanistan, poses with an Afghan soldier. Baine talked about the Afghan mission at the Army Medical Department Center & School Leadership Call in Blesse Auditorium recently.

Afghanistan commander talks about success of American efforts

By Phil Reidinger
 AMEDDC&S Public Affairs

During a recent visit to Fort Sam Houston for an Army Medical Department Center & School Leadership Call in Blesse Auditorium, Col. Gregory C. Baine, commander of Regional Support Command-South, a brigade-level joint and combined command in combat in Afghanistan, described his unit's mission and the success of

American efforts in that country.

"We have made significant progress since November 2009 growing the Afghan National Security Forces, creating an institutional training system similar to TRADOC (U.S. Army Training and Doctrine Command) to improve quality and professionalization of the force, training Afghan instructors, educators and advisers to train their countrymen, and

improving literacy within the forces," Baine said.

Baine is responsible for the health, welfare and morale of 257 Soldiers, Sailors, Airmen, Marines and French officers assigned to operational and tactical control for the Regional Support Command.

He also is responsible for the oversight of the Regional Military Training Center, the Regional Police Training Center and six

subordinate police training centers located throughout southern Afghanistan.

The colonel manages planning, programming and execution of Afghan Security Force Funds in excess of \$170 million to train, equip, maintain and sustain one Afghan National Army Corps, one Regional Police zone, one Border Police zone and one Afghan National Civil Order

See LEADERSHIP P10



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Public Affairs Officer
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Editor
L. A. Shively

Editor
Steve Elliott

Writer/Editor
Lori Newman

Layout Artist
Joe Funtanilla

News Leader office:

1212 Stanley Road
Building 124, Suite 4
Fort Sam Houston
Texas 78234-5004
210-221-0615/2030
DSN 471-0615/2030
Fax: 210-221-1198

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News Leader e-mail:

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Flu cases on the rise nationally; TRICARE offers several flu vaccine options

By Sharon Foster

TRICARE Management Activity



January marks the new year but it also signals the start of flu season.

According to a recent FluView report released by the Centers for Disease Control and Prevention (CDC), several states - Alabama, Arizona, Georgia, Kentucky, Louisiana, New York, North Carolina and Virginia - already have widespread reports of flu.

With flu season well underway, TRICARE beneficiaries who have not gotten vaccinated should do so as soon as possible.

"Seasonal influenza is a contagious respiratory virus that can cause mild to severe illness and, at times, can lead to death," said Rear Adm. Thomas McGinnis, chief, Pharmaceutical Operations Directorate, TRICARE Management Activity. "The best way to protect yourself and your family is to get vaccinated."

Beneficiaries 6 months of age and older should get vaccinated, according to the CDC. Beneficiaries who are older, pregnant and young children are especially at high risk for serious flu complications.

Immunization is important not only for pregnant beneficiaries, but also for those who may become pregnant during flu season. The injectable seasonal influenza vaccine is safe for pregnant women in any trimester.

The 2010-2011 flu vaccine protects against three different flu viruses: H3N2, influenza B and the H1N1 virus that caused so much illness

last season. Currently, two forms of influenza vaccine are distributed in the U.S. and both are covered by TRICARE:

- An injectable, inactivated vaccine that contains a killed virus and can be used in all age groups six months and older.
- An intranasal spray made with live, weakened influenza viruses; limited to use in healthy people between the ages of 2 and 49 years, and who are not pregnant at the time they receive the vaccination.

TRICARE beneficiaries can get the flu vaccine at no cost from military treatment facilities (MTFs), TRICARE-authorized providers or at any of the 50,000 participating network pharmacies (call 1-877-363-1303 to find a participating pharmacy).

Links to search online for MTFs, providers and pharmacies can be found

at <http://www.tricare.mil/flu>. Beneficiaries should always check ahead for the days and times the flu vaccine is available and the age range served at that location.

Before being immunized, beneficiaries should be medically screened to determine eligibility, contraindications and which vaccine they should receive.

Uniformed service members (active duty, National Guard, and Reserves), are required to be immunized. Active duty service members (ADSMs) have priority for getting the vaccine at MTFs but may also receive the vaccine at a participating network pharmacy.

When received at a network pharmacy, ADSMs are required to follow their service policy guidance for recording the immunization in their shot record by the close of business the next duty day.

Beneficiaries can take everyday precautions to stop the spread of flu:

- Cover their nose and mouth with a tissue when

they cough or sneeze.

- Wash their hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching their eyes, nose and mouth.
- Avoid close contact with

sick people.

- Avoid others if they are sick to keep from infecting them.

Learn more about preventing the flu and getting vaccinated at <http://www.tricare.mil/flu>.

Weekly Weather Watch

	Jan. 20	Jan. 21	Jan. 22	Jan. 23	Jan. 24	Jan. 25
San Antonio	63° Mostly Cloudy	54° Clear	58° Partly Cloudy	63° Mostly Cloudy	61° Partly Cloudy	59° Partly Cloudy
Kabul Afghanistan	48° Overcast	46° Chance of Rain	46° Scattered Clouds	46° Clear	46° Scattered Clouds	46° Partly Cloudy
Baghdad Iraq	59° Clear	60° Clear	60° Scattered Clouds	62° Scattered Clouds	59° Clear	62° Partly Cloudy

(Source: Weather Underground at www.wunderground.com)

News Briefs

BAMC Outpatient Pain Management Clinic Moving

The outpatient pain management clinic at Brooke Army Medical Center is moving from its current location in the hospital's seventh floor west bed tower to its new permanent location on the hospital's first-floor medical mall. The clinic will reopen Jan. 24. The new waiting area will be adjacent to the hospital's main pharmacy. The clinic's medication line will be operational during and after the move for patients who need to call in for a prescription renewal. The medication line is 916-4625. Clinic hours are Monday-Friday 7:30 a.m. to 4:30 p.m. Call 916-2888.

Pre-Command Course

A pre-command course for new first sergeants and company commanders is Jan. 25-28. The briefings will start at 8:30 a.m. in Building 2398. The intent of this course is to provide new company leadership a full understanding of garrison resources available to assist them during their time in command at Fort Sam Houston. Briefings will come from various garrison organizations for the first three days and with a tour of training facilities at Camp Bullis the fourth day. To register, call 295-0535 or 221-9500.

Giant Voice Test

A computer-based, radio-operated emergency warning system, or Giant Voice, is programmed to release emergency messages during normal duty hours to the general populace on Fort Sam Houston. The Giant Voice test will be sent out on the third or fourth Wednesday of each month. The next Giant Voice test will be Jan. 27 at noon. Call 221-9736 for information.

BHT Ribbon-Cutting

The Joint Center of Excellence for Battlefield Health and Trauma Research Center ribbon-cutting ceremony will be held Feb. 4 at 9 a.m. The facility is adjacent to Brooke Army Medical Center.

Mulberry Avenue closure

Mulberry Avenue, between Red Oak Road and Broadway, is closed for several months due to construction on the bridge west of Avenue B. This

See NEWS P5

DOD explores post-NSPS personnel modifications

By Karen Parrish
American Forces Press Service

As the National Security Personnel System fades into history, the Defense Department is exploring new modifications to the personnel system, a DOD official said Jan. 13.

John H. James Jr., who directs the Pentagon's NSPS Transition Office, said the effort is in the very early stages.

The 2010 National Defense Authorization Act "specifically gives us the authority to investigate and design a modified system in the realm of an enterprise-wide performance appraisal system, high flexibilities in retention and a work force retention fund," James said.

The act authorizes the secretary of defense, in coordination with the director of the Office of Personnel Management, "to develop new regulations for the civilian

work force which include fair, credible, and transparent methods for hiring and assigning personnel, and for appraising employee performance ... consistent with the existing general schedule pay system, without the need for any legislative change to that system."

Thus far, his office has hosted meetings with management and employee representatives to gather opinions on what those methods should be, James said.

"We had a huge conference out in Los Angeles in September where we had 200 employees - 100 from labor and 100 from the management side - get together just to explore ideas of the kinds of things we'd like to see in a performance management system, a work force incentive fund and hiring flexibilities," James said.

"We got a lot of great ideas from the organization, and we spent a lot of time getting to know each other and under-

standing different perspectives which proved to be very valuable," he added.

The transition office has since met with labor partners in a planning group to set out the scope and authority of design teams to address those three authorities, James said.

"The deliberate approach that we're taking on the front end will pay dividends on the far end," he said. "Knowing the relationships, understanding different perspectives, making sure we take the time to ... put together a diverse design team."

His office plans to capture "the thoughts and ideas that are out there, especially out in the field," James said.

"In Los Angeles, we had both labor and management - employees and leaders - from around the country: different disciplines, different geographical areas, different commands, different services," he said. "We got a plethora, a very good pot of really good ideas

"The deliberate approach that we're taking on the front end will pay dividends on the far end."

— John H. James Jr.,
director Pentagon's NSPS
Transition Office

that we are going to give to the design team for them to evaluate."

The next milestone will be a planning group meeting with labor partners Jan. 20, he said.

"This is the group that's planning the actual design effort," he said.

Design work groups are scheduled to kick off their efforts Feb. 23, James said.

Preventing water pollution from household hazardous waste

By Sandy Breaux
502nd Civil Engineers Squadron

"Many home products contain chemical ingredients that can harm people, streams, ponds and rivers," said Brian Smith, 502nd Air Base Wing environmental element compliance chief.

"Common household products such as oven cleaners, paint and paint removers, automobile fluids, pesticides, solvents and drain cleaners should not be disposed of with regular garbage.

"If this kind of waste is deposited in household garbage, the chemicals can damage landfill liners and, in turn, leak into water-sources,"

Smith added. "Proper storage, material substitution, and minimizing the disposal of hazardous products can help protect water quality."

Smith offers the following tips to help protect our water supply:

- Tightly seal paint cans and store upside-down to allow a seal to form around the lid.
- Store pesticides in a separate, dry area in original, labeled containers.
- Do not flush hazardous items down the drain. This can damage home septic systems or wastewater treatment plants, and pollute surface and ground waters.
- Do not pour hazardous

products on the ground or into gutters or storm drains. Storm gutters and storm drainage systems generally lead directly to local streams, rivers and ponds.

- Recycle used oil filters at the AAFES auto service center or the Auto Craft Shop.
- Turn in household hazardous waste on special pick-up days regularly scheduled by the installation environmental office.
- Minimize waste by purchasing only the amount necessary for the job at hand.
- Donate usable paint, solvents, automotive fluids, pesticides, fertilizers and cleaning products for reuse.
- Use nontoxic (or less

toxic) alternatives when possible.

- As an alternative to toxic chemicals, clean ovens by applying table salt to spills and scrubbing with soda water.
- Make a nontoxic multi-purpose cleaner by combining a cup of baking soda with a cup of white vinegar and a cup of ammonia in a gallon of warm water.
- Substitute propylene glycol antifreeze for ethylene glycol.

Do your part to protect our environment, one step at a time. For more information, call the Fort Sam Houston Environmental Hotline at 221-4842.



MLK

CELEBRATIONS

A carriage depicts the activities of Harriet Tubman, who gained international acclaim as an Underground Railroad operator in the 1800s, helping people escape slavery.

Photos by
Esther Garcia



MLK SA CELEBRATION



The Fort Sam Houston community is represented at the annual Martin Luther King Jr. march in downtown San Antonio Jan. 17.

FSH MLK CELEBRATION



Charles Shelby (right), a volunteer at Warfighter and Family Readiness, presents retired Air Force Capt. James Turner a framed stamp panel as a token of appreciation for speaking at the Fort Sam Houston Dr. Martin Luther King Jr. celebration Jan. 12 at the Middle School Teen Center. Turner is believed to have been the first U.S. military leader in race/human relations and affirmative action. Turner said even though the U.S. military is one of the most ethnically diverse organizations in the world there is still work to be done. "If you are in touch with who you are, regardless of where you're at and regardless of your race ... you will do all right," Turner told the audience.



Photos by Lori Newman

The Contemporary Protestant Worship Team from the Post Chapel provided vocals for the MLK celebration Jan. 12 at the Middle School Teen Center. Another highlight of the presentation was a poem titled, "Tribute to Martin Luther King," recited by Sgt. 1st Class Franklyn Harper, Company D, 264th Medical Battalion about the life of Dr. Martin Luther King Jr. The poem began, "He never lived by the gun, yet he died by the gun ..."

HAVEN FOR HOPE TALKS SERVICE WITH 470 MIB



Underlining the "day on" theme, Megan Legacy of Haven for Hope speaks with Soldiers of the 470th Military Intelligence Brigade Jan. 13 during an event honoring Martin Luther King Jr. Brigade Soldiers previously conducted a drive for clothing and other items for homeless people Haven for Hope serves. Legacy drew upon the ideals of the civil rights leader in promoting "a hand up" for the homeless. She noted that, nationwide, 30 percent of homeless people are veterans, with the percentage probably higher among the estimated 3,500 homeless people in San Antonio.

Photo by Gregory Rippes

BAMC HONORS MLK LEGACY

Brooke Army Medical Center staff honored the contributions of Dr. Martin Luther King Jr., by attending a commemoration ceremony held in BAMC's Medical Mall Jan. 13. Guest speaker, Dr. Carey Latimore IV, assistant professor of history at Trinity University, spoke about the importance of carrying on King's legacy.

Photo by Chondra Perry



NEWS from P3

work is part of upcoming construction projects within the Broadway Corridor area.

Pass and I.D. Operation Moved

The 502nd Security Forces Squadron main Pass and I.D. office (Vehicle Registration) operations has moved from Building 367 to Building 260, located at the southeast corner of Wilson and N. New Braunfels Avenue. A contingent will remain in Building 367 assisting those newly CAC card holders enroll into the DBIDS program. Those personnel already in possession of a CAC card or persons requiring DBIDS credentials will register at

Building 260. Approved Authorizing Officials (AO) overseeing contractors on the installation will conduct all proper credentialing through the new office.

BRAC Transitions Center

The Workforce Solution Alamo BRAC Transition Center at Fort Sam Houston is available to help military, civilians, their spouses and family members who had to quit their job to follow the active member to San Antonio find employment in the local area. The transition center is located at 1422 E. Grayson Street. Hours of operation are 8 a.m. to 5 p.m. Call 277-2722 for information.

Tech expo showcases cutting-edge companies

More than 30 exhibitors will be bringing the latest in high-tech goodies to the Sam Houston Community Center from 10 a.m. to 2 p.m. Jan. 26 as part of a winter technology expo visiting all Joint Base San Antonio installations.

The expo gives people a chance to interact with industry partners, assess technology capabilities from leading industry

experts and experience hands-on demonstrations of cutting edge technologies, according to Kelly Heacock of National Conference Services, Inc., the company putting on the event.

The event is being hosted by the FSH Network Enterprise Center and all military, civilian and contractor personnel are invited to attend for free.

More than 30 exhibit-

ors will demonstrate the latest in secure data storage, video networks, transport solutions, secure communication technologies, engineering and IT products, distance learning, integration services, enterprise systems management, data management and storage, hardware and software, audiovisual equipment and more.

The expo will be at the

Lackland Air Force Base Gateway Club from 10 a.m. to 2 p.m. Jan. 24, the Randolph AFB Parr Officers' Club from 10 a.m. to 2 p.m. Jan. 25 and the Security Hill Kisling Community Center 10 a.m. to 2 p.m. Jan. 27.

To pre-register, visit <http://www.FederalEvents.com>, click on "Fort Sam Houston."

(Source: NCSI)

UNION CONTRACT SIGNED

Lt. Col. Vernon Myers (right), commander, 916th Contingency Contracting Battalion, signs a three-year contract with Jim Hewitt, the president of Laborer's International Union of North America Local 28. "We negotiated a union contract with the 410th Contracting Squadron and this signing kicks that contract into place," Hewitt said. The contract provides the employees of the 410th Contracting Support Brigade the right to bring matters of personal concern to the attention of appropriate management officials in accordance with applicable laws, rules and regulations promoting the well-being of employees and efficient administration of the government. "There was a lot of time and man hours invested in this [contract]," Myers said.



Photo by Lori Newman

AMEDD STUDENT DETACHMENT WELCOMES NEW COMMANDER

Capt. Alison Ball receives the guidon for the last time as she prepares to relinquish her duties as the commander of the Army Medical Department Student Detachment, 187th Medical Battalion, during a change of command ceremony at Blesse Auditorium Jan. 13.

(Inset) Incoming commander, Capt. Dustin Soechting, a native of Birmingham, Ala., said he appreciates the opportunity to lead a complex diverse company.



Photos by Esther Garcia

PURPLE HEARTS from P1

Medal with Valor for actions while serving as the executive officer during Operation Strong Eagle with 2-327th Infantry Regiment.

Staff Sgt. Wayne Schill, an infantryman, received the Purple Heart medal for his combat injuries while dropping a sling load and unloading his element when he was struck by a rocket-propelled grenade and small arms fire Oct. 12, 2010. He was assigned to 2nd Battalion, 327th Infantry Regiment.

Sgt. Jeremiah Leach was assigned to Company A, 4th Brigade Special Troops Battalion, 4th Brigade Combat Team, serving as a combat engineer in Afghanistan, when an improvised explosive device exploded while he was dismounting a route on a clearance mission, resulting in his combat injuries Nov. 8, 2010.

Pfc. Terry Heise, an infantryman, assigned to Headquarters and Headquarters Troop, 1st Squadron, 75th Cavalry, 2nd Brigade Combat Team, sustained combat injuries while on a mounted patrol when his vehicle was struck by an improvised explosive device Oct. 10, 2010.

Pfc. James M. Thorne was assigned to Company

A, 2nd Battalion, 502nd Infantry, 2nd Brigade Combat Team when he was injured after he stepped on a pressure plate improvised explosive device while conducting dismounted patrol operations resulting in his combat injuries Oct. 8, 2010.

Gen. Ann Dunwoody, commanding general of U. S. Army Materiel Command, presented Spc. Thomas Martin Jr., the Purple Heart at the Warrior and Family Support Center courtyard Jan 13.

Martin was assigned to the 67th Engineer Detachment, Mine Dog, serving as a combat engineer in Afghanistan when he was struck by an improvised explosive device while conducting mounted combat operations resulting in his combat injuries Oct. 19, 2010.

The Purple Heart is awarded to members of the Armed Forces of the United States who are wounded by an instrument of war in the hands of the enemy and posthumously to the next of kin in the name of those who are killed in action or die of wounds received in action.

It is specifically a combat decoration and the oldest military honor in the world in use.



(Left to right)
Capt. Douglas McGinnis, Staff
Sgt. Wayne Schill, Maj.
Gen. John Campbell, Sgt.
Jeremiah Leach, Pfc.
Terry Heise and
Pfc. James Thorne (not
pictured),
received their
Purple Heart
medal and
certificate at
Brooke Army
Medical Center
Jan. 11.

**Photo by
Kelly Schaefer**

ENGINEERS CHANGE COMMAND



Photo by Alex Delgado

Lt. Col. Brian A. Forn (left) took command of the 512th Engineer Detachment in a change of command ceremony Jan. 11, which was presided over by Maj. Gen. Simeon Trombitas, U.S. Army South commander (center). Forn takes over for Lt. Col. Derek J. Gaudlitz (right), who has led the 512th ED since its activation more than three years ago. Forn arrives at Fort Sam Houston from Fort Lewis, Wash., while Gaudlitz heads to Fort Hood, Texas.

JBSA helps mold new servicemember consumer protection office

By Mike Joseph
Lackland AFB Public Affairs

Leaders implementing the federal government's new consumer protection agency met with Joint Base San Antonio service-members to discuss the unique financial issues facing military families Tuesday at the Gateway Club.

Professor Elizabeth Warren, assistant to the President and special advisor to the Secretary of the Treasury on the Consumer Financial Protection Bureau, and Holly Petraeus, who recently joined the CFPB implementation team to help establish the Office of Servicemember Affairs within the bureau, will use information gathered from the meeting to mold

the new support office for military members.

"We need to get a sense of what's happening (financially to service-members) because ultimately, we need to be able to build the right support structure," said Professor Warren, who heads the CFPB's implementation team.

Petraeus also emphasized to the group the importance of communication between service-members and the Office of Servicemember Affairs.

"We want to make sure your voices are heard in the agency," Petraeus said. "I do realize some of what you're going through."

Also wanting to hear from those who serve the military community, Professor Warren and

Petraeus held a round-table discussion with JBSA financial readiness program managers and counselors, legal assistance lawyers, chaplains and other professionals who serve the military community.

The size and diversity of the San Antonio military community made JBSA a good starting point to assimilate information, according to Professor Warren.

"We thought it was an opportunity, in a single visit, to get a very broad perspective on the nature of the financial problems facing military families," she said.

"I think it was great to start at a joint base," Petraeus added. "It's the wave of the future, the services all working



Photo by Alan Boedeker

(From left) Rep. Charlie Gonzalez, D-Texas, and Brig. Gen. Leonard Patrick, 502nd Air Base Wing commander, meet with Professor Elizabeth Warren and Holly Petraeus before a town hall meeting with service members and their families at the Gateway Club at Lackland Air Force Base Jan. 18. Professor Warren and Petraeus talked with members of Joint Base San Antonio about unique financial circumstances and challenges facing military communities.

together. We have a lot of different uniforms in the room and that is very helpful to us."

Professor Warren cited Petraeus' extensive association with the military in her selection. She joins OSMA after serving the

past six years as the Better Business Bureau's Military Line director.

Petraeus has family military lineage that dates to her great-grandfather, and has been a military spouse for more than 35 years. She is the wife of

Army Gen. David Petraeus, the current International Security Assistance Force commander in Afghanistan.

CFPB is a product of the Dodd-Frank Wall Street Reform and Consumer Protection Act signed into law last year. Responsible for enforcing all federal laws in consumer credit, the new bureau begins operations July 21. It will also provide consumer financial education and examine financial rules.

"(This agency) is about making sure current laws are fully observed and that there's a cop on the beat to ensure that's the case," Professor Warren said. This will be the case for all Americans, and particularly for our military families, she added.

LEADERSHIP from P1

Police brigade deployed across the four provinces of southern Afghanistan.

His command is in direct support of the International Security Assistance Force Regional Command-South with the mission to resource requirements and build sustainable capacity and capability of Afghan National Security Forces.

“We are helping the Afghanistan army, police and air force help themselves by working toward solutions to problems that will allow the Afghanistan people to develop their own way of doing things by teaching them, not doing for them,” Baine said.

Baine noted that the Afghanistan training mission can’t be accomplished by looking

through “western goggles,” but the collective experiences of the multinational force working in Afghanistan must be applied to the local culture for success.

Achieving success involves a three-part strategy: disrupting the insurgency, protecting the people, and denying the Taliban the ability to unseat the government; growing the Afghan National Security Forces; and transitioning responsibility for security to Afghan control as conditions on the ground permit, the colonel noted.

Establishing an enduring institutional training structure with schools and academies to build the foundation to professionalize the force, building a sustaining logistics stewardship system and creating a self-sustaining medical infrastructure

are critical command missions.

Baine emphasized that an enduring institutional training program, logistics stewardship and medical support must be designed as the best systems for the Afghans to manage themselves by recognizing their way of doing things.

Institutional development involves establishing irreversible momentum by creating institutions such as the National Military Academy, the National Military Hospital, a military training center and an Afghan National Police Academy with instruction by Afghan leaders serving their country and conveying confidence in the future of their nation, the colonel noted.

“Literacy and leader development are definitely top priorities,”

Baine said.

He emphasized that all members of the Afghanistan National Security forces undergo literacy education to at least the third-grade level as part of the institutional professionalization training. The benefits of literacy and language training are the foundation for retention among members of the Afghan security forces most of who serve with a sense of national pride.

Baine said that to sustain momentum toward an enduring Afghan National Security Force, the command needs to fill critical trainer shortfalls, increase focus on professionalization, establish a culture of stewardship and reinforce a commitment to accomplishing the national security forces missions.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT
WEEKLY CAMPUS ACTIVITIES JAN. 24-29

Fort Sam Houston Elementary School

Jan. 24
Attendance lunch on cafeteria stage

Jan. 25
FSHISD School Board meeting in Professional Development Center, 11 a.m.

Jan. 27
Cougar Connections: Math CAN be All Fun and Games, 11:30 a.m.-noon

Jan. 28
Mrs. Dryden’s Life Skills Field Trip to Commissary, 9:30 a.m.-noon
Spirit Day

Robert G. Cole Middle and High School

Jan. 24
Junior Parent Night at Cole High School Mall, 5 p.m.

Jan. 25
FSHISD School Board meeting in Professional Development Center, 11 a.m.
Girls Soccer vs. Memorial, 5 p.m.
Boys Soccer at St. Anthony, 4 p.m.

Jan. 27
Eighth grade NAEP writing test
Academic Decathlon Regional Meet in Corpus Christi

Jan. 28
Academic Decathlon Regional Meet in Corpus Christi
Girls Soccer vs. Hawkins at Cole, 4:30 p.m.

Boys JV/V BB vs. Brooks Academy at Palo Alto College, 5 and 8 p.m.
Girls JV/V BB vs. Brooks Academy at Cole, 5 and 6:30 p.m.

Jan. 29
Academic Decathlon Regional Meet in Corpus Christi
UIL One Act Play Rehearsals in Moseley Gym, 1-3 p.m.

SPELLING BEE CHAMP

Kenedy Nicole Anderson (right), the 9-year-old daughter to Kelvin P. Anderson, a patrol officer assigned to the 502nd Security Forces Squadron and Col. Carol Anderson (left), deputy commander of Transformation, 502nd Mission Support Group, won first place in the Sippel Elementary School 3rd Annual Spelling Bee in Cibolo Jan. 13. Kenedy, a fourth grader, won against approximately 50 other competitors. Among her words were "giddiness," "writhe," "abominable" and "medallion." Her winning word happens to be the name of her father and brother, "Kelvin." Anderson will soon compete in the regional spelling bee.

Courtesy photo



MICC COMMANDER VISITS JUNIOR ROTC CADETS

Brig. Gen. Stephen B. Leisenring meets a member of the John Jay High School Junior ROTC drill team at John Jay High School in San Antonio recently. Leisenring, the commanding general of the Mission and Installation Contracting Command at Fort Sam Houston, visited Junior ROTC cadets from John Jay and Clark high schools and talked to the students about the importance of integrity and how to succeed after high school. The cadets also performed their armed and unarmed drill performances.

Photo by Ben Gonzales



BRAC

Still going strong

San Antonio military construction to maintain rapid pace beyond 2011

By Brian Dwyer

Joint Program Management Office

The start of the new year also marks the beginning of the final push toward conclusion of San Antonio's 2007-2011 BRAC construction program.

While many new BRAC facilities are already in use, several of the program's most substantial projects are entering the final stages of construction and on track to be ready for occupancy before the BRAC completion deadline in September.

The BRAC program represents about \$2 billion of work and approximately 6 million square feet of facilities, but it is part of a larger, ongoing Military

Construction program in San Antonio that amounts to almost \$3.3 billion of projects and more than 10 million square feet of space.

After BRAC construction concludes, non-BRAC construction in San Antonio is scheduled to continue at historically high levels at least for the next four years.

Most of the major BRAC projects coming to conclusion during the next several months are spread across Fort Sam Houston.

A ribbon-cutting ceremony is scheduled for Feb. 4 to formally open the Joint Center of Excellence for Battlefield Health and Trauma Research.

This facility is adjacent to Brooke Army Medical Center (BAMC) and was built to consolidate the research programs of all service branches aimed at enhancing combat casualty care.

To the north, the 181,000-square-foot Tri-Service Research Laboratory is expected to be ready for use by mid-spring. The lab will house research programs that address the health and safety effects of exposure to a variety of stressors in the field.

Across the post, construction is moving quickly on the campus of facilities being developed to accommodate the relocation of Headquarters, Installation Management Command from the Washington, D.C. area.

A new instructional facility for the Family and Morale, Welfare and Recreation

Command, a subcommand of IMCOM, is slated for completion in the spring. By early summer, work is expected to be finished on a new 168,000-square-foot IMCOM headquarters building.

The historic Fort Sam Houston Theater is being renovated as part of the IMCOM campus to provide a new home for the FMWRC's Army Entertainment Division, which produces the traveling U.S. Army Soldier Show. This renovation project is on track to be finished by September.

Nearby, a new headquarters building for the 502nd Air Base Wing is targeted for completion by mid-summer. The 502nd is consolidating the installation support functions of Fort Sam Houston, Lackland Air Force Base, and Randolph Air Force Base.

Elsewhere on post, most of the 14 facilities that compose the Medical Education and Training Campus are finished.

All three of METC's dormitories and its five Medical Instructional Facilities have been turned over for use, along with the dining facility and the headquarters/administration building. The METC physical fitness center is scheduled to be completed by late spring.

Meanwhile, the campus has already held its first graduation ceremony, even as training programs are continuing to be launched.

Before the end of 2010, a group of Air Force staff sergeants completed a pharmacy course. METC is consolidating the enlisted medical training programs of all branches of the military, providing instruction for a variety of medical specialists, such as combat medics, Navy corpsmen, radiology technicians, and biomedical equipment technologists.

The project to expand and renovate BAMC as the San Antonio Military Medical Center has overcome

several challenges and remains on track for completion by the end of the summer. This project alone represents 44 percent of the total amount of usable square footage to be delivered within the BRAC program.

At Lackland Air Force Base, an Intelligence Operations Center is scheduled to be finished by the end of next month. This facility will support units that monitor and assess Air Force communications and computer systems.

Also at Lackland, it is anticipated that a technical training complex to support the Inter-American Air Forces Academy will be made ready for use before the end of spring.

"We've reached the point where the full impact of this program is becoming apparent," said David Thomas, director of the Joint Program Management Office, which manages design and construction of San Antonio BRAC, MILCON, and Sustainment, Restoration, and Modernization projects that are being executed by the Air Force Center for Engineering and Environment and the U.S. Army Corps of Engineers (USACE).

"The BRAC facilities that are being completed are the fruits of a planning effort that began more than five years ago," Thomas added.

As more BRAC projects reach completion, more recognition is coming for the sustainability that's being incorporated into the facilities.

All BRAC projects are built according to standards necessary to qualify for Leadership in Energy and Environmental Design Silver certification by the U.S. Green Building Council, but some facilities have exceeded this benchmark.

An administration building completed in 2010 at Randolph Air Force Base recently achieved LEED

Gold designation. This structure incorporates five Civilian Personnel Offices that were relocated from other bases across the country to manage programs and carry out policies affecting Air Force civilian members.

The "green" design of this facility allows for a 40 percent reduction in water use and a 25 percent reduction in energy use compared to conventional buildings. Additionally, recycled materials accounted for 37 percent of the building materials used in construction.

Representatives of the JPMO that are overseeing construction of METC facilities are pursuing expanded LEED recognition.

The METC dining facility has achieved LEED Silver certification, but efforts are also underway to have as many as 11 other METC buildings certified as Silver or higher by the USGBC.

When it's completed, METC stands to be one of the few complexes in the nation to have attained campus-wide LEED certification.

Even though the BRAC program in San Antonio concludes this year, the construction momentum that BRAC has established will continue.

Multiple projects are planned from fiscal year 2012 through the end of fiscal year 2015. The value of the proposed projects during this time period is anticipated to be about \$200 to \$300 million per year, or roughly four to six times the historic annual average of military construction expenditures in San Antonio.

With almost \$1 billion in post-BRAC projects already lined up, the impact of military construction in San Antonio stands to remain strong in the foreseeable future.



All historic structures being renovated require extensive rehabilitation to accommodate their more than 1,500 military and civilian positions associated with the Installation Management Command.



The Joint Center of Excellence for Battlefield Health and Trauma Research has its official opening Feb. 4.



The 75-year-old Fort Sam Houston post theater is one of several renovation projects underway.



Courtesy photos

The artist's conception shows the end result of the theater renovation. The building will become the home of the Family & Morale, Welfare and Recreation Command's Army Entertainment Division.

Force Support Squadron

Family & MWR

Announcements

Texas vs. The Nation Discount Tickets

Family and MWR Ticket Office is selling tickets to the College Senior All-Star Game, Texas vs. The Nation, Feb. 5 at the Alamodome. Tickets are \$6/general admission and \$26/side-line with a free coke and hotdog voucher. Active duty military can enter for a chance to call The Nation team's 30th offensive play on national television. Visit <http://www.Fort SamHoustonMWR.com> or call 226-1663 for details.

“And Then There Were None” at the Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents a critically acclaimed adaptation of Agatha Christie's murder mystery “Ten Little Indians.” Performances are Thursdays, Fridays and Saturdays through Feb. 19.

Dinner is served at 6:15 p.m. with an 8 p.m. curtain. Tickets are \$33/civilians, \$30/military, \$26/students and \$16.50/children 12 and under. Call 222-9694 for reservations and directions.

Microsoft Office Classes

Jan. 25 — Word Level 3
Jan. 26 — Access Level 2
Jan. 27 — Publisher
Classes are 8 a.m.-noon at the Roadrunner Community Service, Building 2797. To register, call 221-2518/2705.

Mandatory Initial First Termer Financial Readiness

Classes are Jan. 20 and 27 from 10 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-1612.

Teen Poetry Slam Workshops

To prepare for the 2nd Annual Stand. Speak. Listen. Teen Dating Violence Awareness Poetry Slam Feb. 5 a workshop will be offered Jan. 26 from 5-6:30 at the Roadrunner Community Center, Building 2797, to

help with writing and performing skills. Call 221-2055 or 295-0313.

Scholarships for Military Children

The Scholarship for Military Children Program awards \$1,500 scholarships to qualified military dependents. Applications are currently available and due Feb. 22. For more information on eligibility and applications, contact the Fort Sam Houston Commissary, visit <http://www.militaryscholar.org> or call 221-4678.

Calendar of Events

Jan. 20 Health and Fitness Seminar

The Exceptional Family Member Program will offer a “Kick off 2011 with Good Health and Fitness” seminar 11:30 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. A food program nutritionist and a nurse specialist will discuss good eating, exercise and Family health and well being. To register, call 221-0600/2962.

Jan. 21 Balancing Marriage and Baby

The class is 11 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349 or 295-0313.

Jan. 24 Unit Trauma Training

The training is 9 a.m.-2 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Mandatory First PCS

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

Jan. 25 FRG Leadership Academy

Family Readiness Group Leadership Academy is Jan. 25-26, 8 a.m.-4 p.m. at the Roadrunner Community Center, Building 2797. This two day training is provided for FRG key positions on roles and responsibilities. To register, call 221-1829/0946.

Federal Resume Writing Class

The class is 8:30 a.m.-noon at the Roadrunner Community Center, Building 2797. Registration is mandatory, class size is limited. Call 221-0427/0516.

Newcomers' Extravaganza

The Newcomers' Extravaganza 9:30-11 a.m. at the Sam Houston Community Center, is mandatory for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston. Come learn about Fort Sam Houston and the San Antonio area as well as meet representatives from many different organizations, programs and businesses. Call 221-2705/2418.

Consumer Awareness

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

Jan. 26 Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To

register, call 221-1612.

New Parent Support Orientation

The New Parent Support Program will offer an orientation for expectant parents and parents of children birth to 3 years old from 2-3:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349/0860.

Jan. 27 TRICARE Information Seminar

The seminar is 11:30 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0600/2962.

Feb. 5 Post-wide Flea Market

The flea market will be held 7 a.m.-1 p.m. at Command Pavilion on Stanley Road. All DOD cardholders living on or off post are invited to sell their personally-owned items. Tables and chairs can be reserved on a first-come, first-served basis from the Outdoor Recreation Equipment Center. Registration deadline is Feb. 3. Call 221-5224/5225 for information.



Announcements

Group Lifestyle Balance Program
Brooke Army Medical Center has implemented a program at the Troop Medical Clinic aimed toward long-term weight loss through healthy eating and physical activity. Participants must be 18 years or older and a military beneficiary. Call 808-2312 for information.

Cloverleaf Communicators Club
The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the

conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

Foster a Military Working Dog Puppy
The Department of Defense Military Working Dog Breeding Program is looking for families to foster puppies from 12-weeks to 6 months old. Call 671-3686 for information.

Calendar of Events

Jan. 20
FSH Preservation Society
The Society for the Preservation of Historic Fort Sam Houston will meet at the Stilwell House, 626 Infantry Post. A light lunch will be served at 11 a.m. followed by a presentation from retired Sgt Harry Shaw, a former member of the 82nd Airborne Division. Visitors are welcome. Call 527-9513 or 824-1917 for information.

MOAA Luncheon
The Alamo Chapter of the Military Officers Association of America will

hold a luncheon at the Fort Sam Houston Golf Club. Social hour begins at 11 a.m., lunch will be served about 11:45 a.m. The cost is \$15. Menu choice is chicken piccata or baked Pollock with lemon butter. For reservations, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

Jan 22
Boerne, Texas Walk and Bike Events
The BTC Oddsports Club folks-march club will hold a 5k and 10k walk and a 25k bike event starting at the Boerne Middle School South, No. 10 Cascade Caverns Rd. in Boerne. Events begin between 8 a.m. and 1 p.m., finish by 4 p.m. For information, call 204-9301 or print a copy of the walk brochure at http://faculty.sulross.edu/cbaulch/index_files/Page615.htm.

Fruit Tree Seminar
Learn how to select, plant, train, prune and maintain fruit trees. Horticulturist Dr. Larry Stein, Texas AgriLife Extension Service, will hold a free seminar 9 a.m.-noon at Fanick's Garden Center, 1025 Holmgreen Rd.

Jan. 29
St. Mary's University Neighborhood Walk
The LoneStar Walkers folks-march club will host a 5k and 10k walk starting at the University Center Atrium/Rattler Den at St. Mary's University, One Camino Santa Maria Street. Walks start between 10 a.m. and 1 p.m., finish by 4 p.m. Call 378-4080.

Jan. 30
Building Strong Families Workshop
Gather insight on families, children, marriage and finance during a free workshop 4-7 p.m. at the Trinity Baptist Church, 319 E. Mulberry. Dinner and child care provided, advance reservations required. Call 733-6201.

Feb. 5
AACA Annual Gospel Fest
The African American Cultural Association will host the "Annual Gospel Fest," 6 p.m. at the Gateway Chapel, Lackland Air Force Base. The program is free. Call 671-9329 or 977-6545 for information.

A red paperclip is at the top left of the calendar box, and a pair of scissors is at the bottom left.

REMINDER CALENDAR

Jan. 23 Duathlon Bike/Run, 8 a.m., Jimmy Brought Fitness Center

Jan. 25 FSH Newcomers Extravaganza, 9:30-11 a.m., Sam Houston Community Center

Jan. 26 Poetry Slam Workshop, 5-6:30 p.m., Roadrunner Community Center

Jan. 27 Consolidated Monthly Retirement Ceremony, 11 a.m., FSH Quadrangle

Jan. 27 TRICARE Information Seminar, 11:30 a.m.-1 p.m., Roadrunner Community Center

Jan. 29 5K Fun Run/Walk, 9 a.m., Jimmy Brought Fitness Center

Feb. 5 Post-wide Flea Market, 7 a.m.-1 p.m., MacArthur Parade Field Command Pavillion

Feb. 6 BOSS Super Bowl Bash, 4 p.m., Banner Barracks

Religious Briefs

Collective Protestant Gospel Service Prayer Breakfast

The Collective Protestant Gospel Service will host their 2nd Annual Prayer Breakfast Jan. 22, 8:30 a.m.-noon at Dodd Field Chapel, 1721 Dodd Blvd. The guest speaker is Reverend (Dr.) Kenneth R. Kemp, Antioch Missionary Baptist Church in San Antonio. There will be guest choirs, soloists, and praise dancers. Call 488-1639 for information.

Living by Faith

A mid-week religious education

program will be held through April 14 at the Dodd Field Chapel. There will be activities and classes for Kindergarten-age through adults. Classes include resiliency training, financial peace, scripture, Catholic faith, marriage and parenting as well as children's classes. Dinner is at 5:45 p.m. and classes start at 6:30 p.m. Child care is provided. Call 221-5006 for information.

FSH National Prayer Breakfast

The Fort Sam Houston National Prayer Breakfast will be held Feb. 23 at 6:30 a.m. at the Sam Houston Community Center. Call 221-5004 or 221-2755 for information.



For Sale: Battery powered scooter, like new, owner's manual and instructions, \$400 obo. Call 504-638-4168 or 649-0512.

For Sale: Striped green, brown and white swivel sofa, new, \$95. Call 716-307-7747.

For Sale: Dining table with four chairs, \$65; Samsung 19-inch TV, \$25; BMX 25-inch boy's cross road motor terrain style bike, \$35; brown leather sofa from North Carolina Direct, \$350; two black bar stools, \$15 each; ergonomic designed computer chair, black on wheels, \$70. Call 262-3007.

For Sale: HP A516 Photosmart printer, still in box, never used, \$40; three seat sofa, \$30; two recliners, \$25 each; queen-size mattress and box springs, \$25; various household items. Call 662-8887.

For Sale: Four-string bass guitar with amplifier, \$500 obo. Call 221-2690.

For Sale: Two-room tent, \$50. Call 221-2123.

For Sale: Toddler car seat, \$25. Call 219-4327.

For Sale: Kid's chairs, \$5 each. Call 633-2247.

Rocco Dining Facility Menu Building 2745, Schofield Road

Dining Room Breakfast Hours: Monday-Friday 6:15-8:15, weekends and holidays 8-9:30 a.m.

Friday – Jan. 21

Lunch – 11 a.m. to 1 p.m.

Southern fried fish, barbecued spareribs, chicken lasagna, baked fish with garlic butter, fried potatoes, macaroni and cheese, fried cabbage and bacon, cauliflower parmesan, broccoli, green beans and potatoes

Dinner – 5 to 7 p.m.

Pepper steak, fried chicken, spaghetti noodles with marinara sauce, barbecued chicken, rice pilaf, oven-browned potatoes, carrots, squash, green peas

Saturday – Jan. 22

Lunch – noon to 1:30 p.m.

Spaghetti with meat sauce, cheese manicotti, breaded pork fritters, spicy baked fish, red beans and rice, au gratin potatoes, fried okra, lima beans, broccoli combo

Dinner – 5 to 6:30 p.m.

Chicken tetrazzini, baked ham, mushroom quiche, barbecued beef cubes, baked sweet potatoes, steamed rice, turnip greens, peas and carrots

Sunday – Jan. 23

Lunch – noon to 1:30 p.m.

Swiss steaks with brown gravy, cheese ravioli, grilled pork chops with orange

sauce, baked chicken, fried rice, mashed potatoes, baked potatoes, broccoli, carrots, peas

Dinner – 5 to 6:30 p.m.

Chili macaroni, roast pork loin, herbed Cornish hens, vegetable stuffed peppers, sweet potato fries, potato halves, wild rice, Harvard beets, carrots, corn

Monday – Jan. 24

Lunch – 11 a.m. to 1 p.m.

Roast turkey, mustard-dill baked fish, cheese quesadilla, braised beef and noodles, rice pilaf, mashed potatoes, corn, collard greens, cauliflower au gratin

Dinner – 5 to 7 p.m.

Beef ravioli, Swiss steak with brown gravy, vegetable lasagna, cranberry-glazed chicken breast, Swiss steaks with onions, O'Brien potatoes, parsley lyonnaise rice, asparagus, mixed vegetables

Tuesday – Jan. 25

Lunch – 11 a.m. to 1 p.m.

Beef enchiladas, barbecued chicken, breaded pork chops, lemon chicken breasts, cheese enchiladas, parsley red potatoes, Mexican rice, black refried beans with cheese, Mexican corn, spinach, cauliflower

Dinner – 5 to 7 p.m.

Baked fish, fried fish, fiesta chicken and rice, hamburger yakisoba, spaghetti vegetable quiche, oven-glow potatoes, parsley egg noodles, egg noodles and cheese,

carrots, Creole green beans

Wednesday – Jan. 26

Lunch – 11 a.m. to 1 p.m.

Roast pork loin, ginger pot roast, fried chicken, broccoli quiche, parsley buttered egg noodles, parsley red potatoes, green beans, mixed vegetables, sweet and sour red cabbage

Dinner – 5 to 7 p.m.

Barbecued beef cubes, polish sausage with sauerkraut, chicken breasts with onions and mushrooms, mushroom quiche, German potato pancakes, baked sweet potatoes, steamed rice, Harvard beets, fried okra, lima beans

Thursday – Jan. 27

Lunch – 11 a.m. to 1 p.m.

Salisbury steaks, lemon-baked fish, spaghetti with meat sauce, cheese manicotti, fried rice, mashed potatoes, Chinese fried cabbage, glazed carrots

Dinner – 5 to 7 p.m.

Szechwan chicken, beef stuffed peppers, baked fish, cheese tortellini, chow mein noodles, fried rice, steamed rice, au gratin potatoes, stewed tomatoes, lima beans, mixed vegetables, cauliflower combo

Menus are subject to change without notice

Military Historical Trivia

Q. What household product was introduced into Army rations in 1900?

- A. Soap
- B. Toilet paper
- C. Candles
- D. Vinegar

A. The answer is (b) toilet paper. Soap, candles and vinegar had been part of Army rations since the Revolutionary War from 1775 to 1783. Toilet paper was issued in 1900 on the basis of one roll of 1,000 sheets per two Soldiers per month.